ACTIVITIES GUIDE
September-December 2019
Adult & Youth Athletics, Afterschool, Programs, Day & Overnight Trips, Events & More!
WWW.ROCKINGHAMCOUNTYVA.GOV/RECREATION
Mission Statement
To foster lifetime involvement in and appreciation of activities that enrich the lives of all citizens of Rockingham County by providing high quality recreation and leisure programs.

Vision Statement
Our youth activities prepare for the future, as our adult activities strengthen the present.

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Parks & Recreation Staff
DIRECTOR Kirby Dean
RECREATION PROGRAMS SUPERVISOR Jerry West
PARK MANAGER Marco Knorr
COMMUNITY CENTER COORDINATOR Taylor May
CHILDCARE COORDINATOR Regina Phillips
CHILDCARE COORDINATOR Jessi Seekford
RECREATION TECHNICIAN David Kiser
ATHLETIC TECHNICIAN Dontaé Gholson
ATHLETIC TECHNICIAN Rick Reardon
PARK MAINTENANCE TECHNICIAN John Dofflemyer
ADMINISTRATIVE ASSISTANT Denise Dean
PART-TIME MEDIA SPECIALIST Ashton Rawley
Facility Rentals

Plains District Community Center
233 McCauley Drive, Timberville, VA 22853
Call for reservations; 540-896-2824
The facility consists of a game room, kitchen, meeting and craft rooms.

Center Hours:
Monday, Wednesday-Friday 9am-8pm
Tuesday 12-8pm
Saturday 1-8pm
Sunday 1-5pm

<table>
<thead>
<tr>
<th>Room Name</th>
<th>Capacity</th>
<th>Hourly Fee</th>
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<tbody>
<tr>
<td>Chamber</td>
<td>10</td>
<td>$5</td>
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<tr>
<td>Meeting</td>
<td>45</td>
<td>$10</td>
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<tr>
<td>Arts &amp; Crafts</td>
<td>60</td>
<td>$15</td>
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<tr>
<td>Community</td>
<td>200</td>
<td>$25</td>
</tr>
<tr>
<td>Kitchen</td>
<td>—</td>
<td>$25 Flat Fee</td>
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Singers Glen Community Center
9410 Singers Glen Road, Singers Glen, VA 22850
Call for reservations; 540-564-3160
The facility has a gymnasium, kitchen and meeting rooms.

Bergton Community Center
17784 Criders Road, Bergton, VA 22811
Call for reservations; 540-564-3160
The facility has a kitchen, all purpose room with stage, meeting rooms and a mini library.
The outside area consists of a picnic shelter and playground.

Location Codes
AH Arey Hall, Bridgewater
GTH Grottoes Town Hall
JFHMS J. Frank Hillyard Middle School
MES McGaheysville Elementary School
MMS Montevideo Middle School
MVES Mountain View Elementary School
PDCC Plains District Community Center
RCAC Rockingham County Administration Center
RPC Rockingham Park at the Crossroads
WPMS Wilbur Pence Middle School

Inclement Weather
In case of inclement weather please refer to our social media pages and WHSV.com for closings. If Rockingham County Administrative Offices are closed ALL parks and recreation activities will be cancelled.

Holiday Closures
Monday, October 14 | Columbus Day | RCAC & PDCC Closed
Monday, November 11 | Veteran’s Day | RCAC & PDCC Closed
Wednesday, November 27 | RCAC & PDCC Closing at 12pm
Thursday, November 28-Friday, November 29 | Thanksgiving Holiday | RCAC & PDCC Closed
Tuesday, December 24-Wednesday, December 25 | Christmas Holiday | RCAC & PDCC Closed
Tuesday, December 31 | New Years Eve | PDCC Closing at 5pm
Wednesday, January 1 | New Years Day | RCAC & PDCC Closed

How Do I Register?
Online
www.rockinghamcountyva.gov/recreation

Phone
540-564-3160

In-Person
Rockingham County Parks & Recreation Dept.
20 East Gay Street, Harrisonburg, VA 22802
Monday-Friday 8am-5pm

By Mail (see form pg. 22)
Send payment along with program/trip registration form to Rockingham County Parks & Recreation Dept.
20 East Gay Street, Harrisonburg, VA 22802

Payment Methods
Cash | Check | Visa | Mastercard
Make Checks Payable to: Rockingham County Parks & Recreation (RCPR)

Disclaimer
This activities guide is published for informational purposes only. RCPR strives to produce the most accurate activities guide possible. However, some program information may have changed after this has gone to print. We will make every effort to notify participants of the changes.

Class/Trip Minimums
If classes or trips do not meet minimum enrollment requirements by the register by date they will be cancelled. Registered participants will be notified of this change before the class is to begin and will be issued a full refund. So register early and tell your friends so your class or trip isn’t cancelled!

Photo Release
RCPR photographs and videos its activities and events, and the people participating in them, and uses those materials for reporting and advertising purposes. All such materials shall remain the property of the Department at all times. Registration or participation in a Department activity or event is considered participation in a public event, is considered consent to be photographed or videoed, and is considered consent for one’s image to be used for the purposes stated. In the case of a minor, the parent or guardian is deemed to have given consent for the child by registering or by allowing the child to participate.
Discount Skiing or Snowboarding for Massanutten Resort!

Package Options:
- Lift Ticket Only
- Lift Ticket & Lessons
- Lift Ticket & Rentals
- Lift Ticket, Rentals & Lessons

Call our office for price information in November, tickets available in December!

*Cash or Credit Only!*

License to Slide Program
Discount Skiing or Snowboarding for Massanutten Resort!

Package Options:
- Lift Ticket Only
- Lift Ticket & Lessons
- Lift Ticket & Rentals
- Lift Ticket, Rentals & Lessons

Call our office for price information in November, tickets available in December!

540-564-3160

Shenandoah Valley United
Youth Soccer for Players Ages 3-18
Boys | Coed | Girls

www.ShenValleySoccer.com

Find us online @SVUsoccer!
Community Events

Fall Community Yard Sale
Register now for a space at our yard sale at the Rockingham County Administration Center in Harrisonburg! Spaces are approximately 18’x18’. Tables and electricity are not provided. Food and craft vendors are welcome! This event will take place rain or shine. Check-in and set-up will be from 6-7:30am ONLY. General admission is FREE.
Fee $15 | Register By September 13
September 21 | Saturday | 7:30am-12pm | RCAC

2nd Annual Stop, Drop & Run 5K
We are partnering with the Timberville Volunteer Fire Department for our 2nd Annual Stop, Drop & Run 5K. The 5K will start and end at the Plains District Community Center. Strollers and dogs (on leashes) are welcome, ages 12 and under are free! All proceeds will benefit the Timberville Volunteer Fire Department. Pre-register by September 30 to receive a t-shirt.
Fee $25, Ages 12 & Under Free
October 19 | 9am | PDCC

5th Annual Pumpkin Painting Party
Pumpkin painting, cookie decorating, Halloween themed crafts and snacks – oh my! This is a great event for the entire family. Pumpkins will be donated by Every Soul Acres, and cookies are donated by Momma Bare’s Catering.
Fee $8 Per Pumpkin | Register By September 30
October 5 | Saturday | 9-11am | PDCC

Breakfast with Santa
Come out and enjoy a short visit and breakfast with Santa. Bring your camera and snap a holiday photo! Light breakfast and refreshments provided. Pre-registration is required.
Fee $5 Per Child | Register By November 29
December 7 | Saturday | 9:30-11am | RCAC
Toddler & Preschool

Join us for toddler open gym and let your child get some of their energy out! We will have a variety of toys, trikes, bouncy balls and more for hours of fun! Check our Facebook page for any inclement weather cancellations. **No Toddler Playtime on October 5, 19 and November 2!**

**FREE | No Pre-Registration**

**September 7-January 18 | 1st & 3rd Saturdays | 9-11am | PDCC**

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**Family Ornament Workshop**

In this workshop we will construct, craft, make, and put together several ornaments to celebrate this festive time of the year. Emphasis will be placed on fine motor skills as well as many language and literacy skills during this workshop. As always, we will read a book or two to tie this all together and you will have several things to take home with you. This is sure to be kid friendly and will put you in the holiday spirit! Instructor is Lauren Simmons.

*Fee $24 | Register By One Week Prior*

**Ages 1.5-4 years | RCAC**

**December 4 | Wednesday | 5:30-6:30pm**

**December 14 | Saturday | 10:30-11:30am**

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**Preschool Hour**

Join us for an hour of fun for your preschooler! This class will be instructed by certified early childhood educator Lauren Simmons and will be packed with age-appropriate activities that encourage learning, creativity and more!

*Register By One Week Prior | RCAC*

**Ages 1.5-2.5 years | Wednesdays | 9-10am**

**Ages 2.5-4 years | Wednesdays | 10-11am**

**October 2 & 9 | Dinosaurs | Fee $12**

**November 13 & 20 | Animals & Habitats | Fee $12**

**January 8-29 | Wonderful Weather | Fee $24**

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**Lil' Wigglers**

This class is a great opportunity for your toddler to get their wiggles out. Bring your little ones out for an energizing morning with musical instruments, a parachute and other fun activities.

*Fee $25 | Register By September 13*

**Ages 1.5-3 years | MVES**

**September 21-October 12 | Saturdays | 10-11am**

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**Christmas Cookie Decorating**

Bring your little ones out to decorate their own Christmas cookies! There will be other holiday themed crafts and all supplies will be included.

*Fee $8 | Register By December 2*

**December 7 | Saturday | 10-11am**

**Ages 2-5 | PDCC**

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**Toddler Music**

This is a fun interactive music class for toddlers where we will sing songs with our voices and movement. We also will use musical instruments and dancing scarves!

*Ages 2-4 | PDCC | Register By One Week Prior*

**September 4-25 | Wednesdays | 6-6:30pm | Fee $30**

**October 26 & November 9 | Saturdays | 10-10:45am | Fee $25**

**November 6-December 4 (No Class 11/27) | Wednesdays | 6-6:30pm | Fee $30**
Youth Basketball

Our youth basketball program entered an exciting new era last year that was met with positive reviews. We plan to build on last year’s improvements and continue to develop a brand of youth basketball that fosters skill development, fun competitive play, while in a safe environment emphasizing sportsmanship and teamwork. The weekly schedule will generally consist of 2 practices per week followed by a game on Saturday mornings. We plan to end the year with the annual Basketball Bash, where all teams will meet to play their final game. Players are divided by school districts.

Girls Basketball
Fee $40 | Register By September 20
Ages 7-8, 9-10 & 11-13 (Age as of 9/30/19)
Season: November-December

Boys Basketball
Fee $40 | Register By December 2
Ages 7-8, 9-10 & 11-13 (Age as of 9/30/19)
Season: January-February

Marvelously Messy

Do you want your little one to have the opportunity to engage in messy play somewhere other than your home? We would love for your child to join us as we investigate, explore, and discover together through sensory play. Children should come prepared to get their hands dirty with us as they experiment and create with cloud dough, paint, play dough, bubbles and more! They will even get to take some of their ooey-gooey creations home with them! Instructors are certified teachers Jenn Miller and Priscilla May-Maiden.

Fee $25 | Register By One Week Prior
October 7 | Monday | 6-8pm
December 14 | Saturday | 9:30-11am
Ages 4-8 | AH

Pre-Kindergarten-8th Grade
Monday-Friday, Afterschool-6pm
Each day students will have opportunities for crafts, outdoor play, games and homework. Fee includes daily afternoon snack.

Registration Fee:
$50 per child (non-refundable)

Monthly Fees:
4-5 days per week-$110/$95 siblings
3 days per week-$80
1-2 days per week-$55

Afterschool

August 20, 2019-June 4, 2020

School Locations*:
*Space is limited. Please call our office to confirm availability, some schools may be full.
Elementary Schools: Cub Run, Fulks Run, John C. Myers, John Wayland, Lacey Spring, McGaheysville, Mountain View, Ottobine, Pleasant Valley and Peak View.

Middle Schools: Montevideo, Wilbur S. Pence.

Mad Scientist

Do you have a budding scientist at home who loves to experiment? Your science-lover can join us for a morning filled with hands-on, dynamic science experiments designed to engage their minds as they interact with the scientific process. Scientists should come prepared to get messy as they work their way through various experiments that can be performed anywhere from the kitchen to the backyard! They will have so much fun that they won’t even realize they are learning! Instructors are certified teachers Jenn Miller and Priscilla May-Maiden.

Fee $25 | Register By September 13
September 21 | Saturday | 9:30-11am
Ages 6-10 | AH
Active Adult

Active Adult Coed Dodgeball League

Pull your team together for an exciting season of dodgeball. Teams must be made up of 6-15 players. Teams must begin each game with at least 3 females. Games will be played 6 vs. 6. Matches will consist of 10 games and each match will have a 45 minute time limit. Fee $100 Per Team | Registration December 2-February 14 Season: March-May | Tuesdays | 6:30-9:30pm Ages 16+ | MVES

Open Gym Basketball

Come out on Fridays to get your game on! If needed, we will have plenty of space with two or three games running at once. Be sure to register to reserve your spot. You may play without registering, but those that have pre-registered will have priority. If you do register, you are not required to show up to every session.

FREE | Pre-Registration Encouraged September 6-November 22 | Fridays | 6-8pm Ages 16+ | JFHMS

Adult Recreation Basketball

The adult basketball season, open to men and women, will start the second week of January and run through early March. Night of play is listed below; however game days could change depending on the schools schedule. Make-up games are at the discretion of the department and can be played on Wednesdays. Playoff champions receive awards. Entry fee must be paid in full at time of registration. Final rosters are due by the first game. Shirt sizes must be turned in at time of registration.

Fee $350 Per Team | Register By November 29 Ages 16+ | 6:30-10:30pm | JFHMS Season: January-March | Mondays

Coed Volleyball

The winter coed volleyball season will start January 8 and run through the end of February. Make-up games are at the discretion of the department and can be played on any night. Teams must begin each match with equal or more females on the court. Space is limited to the first 8 teams. Fee $175 Per Team | Registration October 7-December 13 Season: January-February | Wednesdays | 6:30-9:30pm Ages 16+ | WPMS

Coed Dodgeball League

Pull your team together for an exciting season of dodgeball. Teams must be made up of 6-15 players. Teams must begin each game with at least 3 females. Games will be played 6 vs. 6. Matches will consist of 10 games and each match will have a 45 minute time limit. Fee $100 Per Team | Registration December 2-February 14 Season: March-May | Tuesdays | 6:30-9:30pm Ages 16+ | MVES

Part-Time Job Opportunities

contact us at 540-564-3160 or recreation@rockinghamcountyva.gov

Afterschool Staff

• Hours: 2:30-6pm
• Starting pay $9/hour
• Locations throughout the County Elementary & Middle Schools

Program Instructors

Do you have a hobby, skill or talent you would like to share and earn extra money? Contact us!

Recreation Officials

• All areas of the County
• Paid per game
• Weeknight & Saturday Games
• Ages 16+
Jams & Jellies
In this class, you will learn step-by-step instructions on how to make jams, jellies and the differences between the two. Variety of flavors will depend on what is in season. Supplies are provided and you will get to keep a jar of the finished product!
Fee $25 | Register By September 19
September 26 | Thursday | 6:30-8:30pm
Ages 13+ | PDCC

Canning Seminar
Learn the process of home canning and explanation of all the different types (open kettle, water bath and pressure processing). We will also review the necessary equipment and find out what is and is not needed with all the fancy gizmos in today’s society.
Fee $25 | Register By October 3
October 10 | Thursday | 6:30-8:30pm
Ages 13+ | PDCC

Instant Pot®: Beginner
Do you have an Instant Pot® and not sure what to do with it? It’s old technology in a new package, pressure cooking is the original fast food! Come check out its many features and try a simple recipe. Bring your cooker along to get acquainted and we will eat what we make.
Fee $25 | Register By December 2
December 5 | Thursday | 6:30-8:30pm
Ages 13+ | PDCC

Simple Herbal Remedies
Your backyard, the local creek bank and even your spice rack can yield resources for making simple effective remedies for aches, pains, fevers and other ailments. Learn to make a simple tincture, salves and balms. We will cover the basics so you can try it at home. We will make and take a salve and lip balm.
Fee $25 | Register By October 17
October 24 | Thursday | 6:30-8:30pm
Ages 13+ | PDCC

Holiday Chalk Crafting
Celebrate the Holiday season by doing some crafting. Create your own take home project with ease, using provided chalk supplies! Kid friendly, non-toxic, all natural and washable.
$12 | Register By One Week Prior
December 5 | Thursday | 5-7pm
December 7 | Saturday | 10am-12pm
Ages 8+ | RCAC

Hand Piecing & Quilting: Beginner
Are you searching for a new hobby? Enjoy this six week class to learn how to make beautiful quilts the old fashion way. Get back to the basics and enjoy this inexpensive, stress relieving hobby without using modern conveniences. Supplies will not be provided, but participants will be given a supply list authored by the instructor prior to the class.
Fee $65 | Register By September 27
October 2-November 6 | Wednesdays | 7-9pm | Ages 11+ | PDCC
Special Interest

Intro to Violin
Attention all ages interested in learning violin! Scott McAvoy, who has 15 years’ experience teaching violin, is hosting this free promotional information session to prepare students for lessons. Mr. McAvoy can assist in sizing and locating a violin, which is all you need to participate. He will answer any questions and encourage goals for learning violin. A violin performance for all attending this fun event will also be given.
FREE | Register By September 13
September 21 | Saturday | 10-11am
Ages 3+ | RCAC

Conversational Spanish
This is an introductory Spanish course for English speaking students with little or no Spanish background. The emphasis in this course will be on communication and will be taught using a variety of interactive methods. Regular attendance, participation in activities, conversation exercises and weekly independent study reinforce topics discussed in class.
Fee $100 | Register By January 3
January 9-March 19 | Thursdays | 6-8pm
Ages 5+ | RCAC

Violin Lessons
Are you ready to learn violin? Our instructor, Scott McAvoy, has more than 15 years’ experience teaching violin performance. He provides violin lessons tailored to successful students achieving their goals. Lessons are a fun learning environment with method books available. "Essential Elements for Strings Violin Book 1" will help guide students through each step in learning the instrument.
Fee $80 | Register By September 24
October 1, 15 & 17 | Tuesdays & Thursday | 5-6pm
Ages 3+ | RCAC

Conversational Spanish II
This highly participatory course is to improve your speaking ability and expand your knowledge of the Spanish vocabulary. This course is designed for students who are familiar with basic grammar (nouns, adjectives, articles, etc.) and would like to focus on increasing fluidity. In addition to providing opportunities for spontaneous conversational practice, this course will help you build your arsenal of Spanish knowledge with new vocabulary, idiomatic expressions and popular proverbs.
Fee $100 | Register By January 3
January 7-March 17 | Tuesdays | 6-8pm
Ages 5+ | RCAC

From Tales to Tree: Getting Started in Genealogy
Genealogy is a hot topic nowadays. Online sites as well as popular TV shows focused on helping people learn more about their origins have increased in popularity in the last few years. We all have a family history, but for many of us, all we know about our family history is what we have in our old pictures, documents, or memories from family members. Each of us has a family story—a tale. We all have a family tree. How does one get From Tales to Tree? Join us for this exciting, interactive genealogy workshop, led by Jamie Johnson, as he shares his story and what he has learned in his 33 years of research on this topic. Glean some tips and insight in the process of piecing your family’s story together.
Fee $40 | Register By September 30
October 7 | Monday | 6-9pm | All Ages | RCAC
Special Interest

Concealed Handgun
Here is your chance to learn the basics in handgun safety and complete a course for your concealed handgun permit all in one day. You will learn the safe operation and handling of a firearm. This class does not include any shooting practice but does include hands on demonstration with the instructor’s firearms ONLY, no outside firearms allowed. Classes are taught by certified instructor, Mike Guthrie and will satisfy the education requirements for the concealed permit, but participants must apply for their permit through their local court house.

Register By One Week Prior
Fee $80 | Ages 21+
Saturday | 9am-1pm
September 14 | PDCC
October 12 | GTH
November 9 | PDCC
December 14 | GTH
January 11 | PDCC

Bow Building
From firewood to firing arrows! Learn how to make a bow from a bowyer with well over ten years’ experience. This course will go over the process of turning a tree or branch into a bow, using nothing but inexpensive hand tools and local trees. If you’re interested in making your own bow or simply hearing about how to make one, join us for an entertaining informational evening. Please note this is an instructional class only and no bows will be made in class. Instructor is Martin Clark.

FREE | Register By December 3
December 10 | Tuesday | 6-7pm
Ages 10+ | RCAC

Square Dancing
Square Dancing is a traditional American folk dance performed since the pioneer days for young and old. The dance is made up of four couples whose movements are directed by a caller and set to rhythmic tunes. This is a fun way to meet new people and enjoy some exercise! Instructor is certified caller Owen Horton.

Fee $30 | Register By September 30
October 7-December 30 (No Class 12/23) | Mondays | 6:30-8:30pm
All Ages | MVES

Intro to Archery
Try out Archery with a traditional longbow and modern longbow. No sights or stabilizers, just you and the arrow. All Equipment has been handmade here in Rockingham County. Instructor is certified USA Archery instructor Martin Clark.

Fee $18 | Register By One Week Prior
Ages 10+ | 6-7pm
October 3-17 | Thursdays | RPC
November 4, 14 & 21 | Monday & Thursdays | MES
December 5, 9 & 19 | Monday & Thursdays | MES
January 9-23 | Thursdays | MES

Intro to Blacksmithing
It’s never too late to learn something new and exciting! In this class, participants will learn basic fundamentals in blacksmithing, parts of the anvil and forge, different hammer types and their uses, correct hammering and tong techniques, steel types and the movement of steel when heat and pressure is applied. Drawing steel out, scrolling and twisting techniques will also be taught, which can be used as building blocks for any blacksmithing project in the future such as knife making, ornamental work or repair. A take home project will be completed in the allotted time. All materials are included and safety equipment is available for use during the class.

Instructor is David Brown.
Register By One Week Prior
Fee $72 | Ages 13+
Saturday | 10am-2pm
The Blacksmith Shop, Dayton, VA
October 12
November 2
December 7
January 4

Concealed Handgun
Here is your chance to learn the basics in handgun safety and complete a course for your concealed handgun permit all in one day. You will learn the safe operation and handling of a firearm. This class does not include any shooting practice but does include hands on demonstration with the instructor’s firearms ONLY, no outside firearms allowed. Classes are taught by certified instructor, Mike Guthrie and will satisfy the education requirements for the concealed permit, but participants must apply for their permit through their local court house.

Register By One Week Prior
Fee $80 | Ages 21+
Saturday | 9am-1pm
September 14 | PDCC
October 12 | GTH
November 9 | PDCC
December 14 | GTH
January 11 | PDCC

Bow Building
From firewood to firing arrows! Learn how to make a bow from a bowyer with well over ten years’ experience. This course will go over the process of turning a tree or branch into a bow, using nothing but inexpensive hand tools and local trees. If you’re interested in making your own bow or simply hearing about how to make one, join us for an entertaining informational evening. Please note this is an instructional class only and no bows will be made in class. Instructor is Martin Clark.

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December 10 | Tuesday | 6-7pm
Ages 10+ | RCAC

Square Dancing
Square Dancing is a traditional American folk dance performed since the pioneer days for young and old. The dance is made up of four couples whose movements are directed by a caller and set to rhythmic tunes. This is a fun way to meet new people and enjoy some exercise! Instructor is certified caller Owen Horton.

Fee $30 | Register By September 30
October 7-December 30 (No Class 12/23) | Mondays | 6:30-8:30pm
All Ages | MVES
Seminars

Christianity Around the World
This topic explores the ways Christianity has absorbed and adapted to diverse cultures around the globe.
Instructor is Dr. Laura Yordy.
FREE | Register By October 10
October 17 | Thursday | 6-7pm | RCAC

Early Childhood Development
Learn about the physical and socio-emotional development of children. Instructor is Donna Hancock Hoskins.
FREE | Register By November 6
November 13 | Wednesday | 6-7pm | RCAC

Learning & Adolescent Development
How can we best help adolescents learn? What does the research help us understand about teenagers, social interaction and learning in context? Find out what the research says in this presentation.
Instructor is Jenny Martin.
FREE | Register By October 3
October 10 | Thursday | 6-7pm | RCAC

The Spectrum We Call Autism
This class will look at different techniques to develop potential plans to better help the individual interact more readily with their environment, how to interpret what you observe and information about outside resources. Class is taught by certified instructor Sharon Deboever.
FREE | Register By November 7
November 14 | Thursday | 10-11am | RCAC

Dementia Related Behaviors
Behavior or communication? Behavior or a natural response to the situation? This class will focus on how to observe and interpret what is actually happening and develop your response rather than reaction to it. Resources and tools will be provided. Class is taught by certified instructor Sharon Deboever.
FREE | Register By January 9
January 16 | Thursday | 10-11am | RCAC

Alzheimer’s: Effective Communication Strategies
Communication is more than just talking and listening – it’s also about sending and receiving messages through attitude, tone of voice, facial expressions and body language. As people with Alzheimer’s disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease. The Effective Communication Strategies program of the Alzheimer’s Association was designed to provide practical information and resources to help dementia caregivers learn to decode verbal and behavioral messages from people with dementia. Class is taught by certified instructor Sharon Deboever.
FREE | Register By September 10
September 17 | Tuesday | 10-11am | RCAC

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Community Safety

Women’s Self Defense
Rockingham County Deputies conduct three 90 minute Women’s Self Defense classes. The classes are three consecutive days set up for basic and more advanced self-defense skills and the entire class is hands on life saving. The classes contains components such as how to better personal awareness, defend against aggressive attackers, how to strike, punch and kick. An instructor will wear a padded "red man suit" on the third day so that students can use the skills they have learned.
FREE | Register By One Week Prior
October 15-17 | Tuesday-Thursday | 6-7:30pm | Ages 12+ | JFHMS
December 10-12 | Tuesday-Thursday | 6-7:30pm | Ages 12+ | MMS

Teen Dating Safety
This class, instructed by Rockingham County Sheriff's Deputies, is for parents, guardians and adolescents. We will discuss ways to keep your children safe as they begin to form personal relationships in school, social media, etc. We will cover topics such as date rape, sexual assault, abuse, cyber dating, and ways to set boundaries, limits and getting involved with your children. Other topics include warning signs and what parents/guardians can do if they suspect something is wrong.
FREE | Register By December 4
December 10 | Tuesday | 7-8pm
Ages 12+ | RCAC

Fraud & Scam Prevention
Learn how to protect yourself from internet fraud and scams. Everyday people are faced with scams through the internet, phone and mail. A Rockingham County Sheriff's Department instructor will teach you how to stay safe and what you should do if you do become a victim of a scam.
FREE | Register By December 4
December 12 | Thursday | 7-8pm
Ages 12+ | RCAC

Drug Awareness & Safety
The Rockingham County Sheriff's Office and RUSH Task Force will present topics including their jurisdiction, illegal drugs purchased and seized in the community, trends dealing with methamphetamine, heroin, cocaine, marijuana and prescription pills, the seizure of assets and forfeiture, covert operations and who to contact to report drug information.
FREE | Register By December 4
December 10 | Tuesday | 6-7pm
Ages 12+ | RCAC

Social Media Safety
Members of the Rockingham County Sheriff's Office will give a presentation on social media, internet and smartphone safety for parents and children. During this presentation, you will learn about the many social apps, the risks of these apps that children are using to communicate utilizing the internet and smartphones. You will learn safety tips on how to ensure your child does not become a victim and how to utilize social apps and internet safely.
FREE | Register By December 4
December 10 | Tuesday | 6-7pm
Ages 12+ | RCAC
Healthy Aging

Participants will learn defensive driving techniques, new traffic laws and rules of the road to safely adjust driving to compensate for age-related changes. Persons who complete the course will be issued a Certificate of Completion to be provided to your insurance company for a discount. Please feel free to bring a brown bag lunch to class. All course materials are provided to participants and no tests are involved. Class will be led by certified AARP instructor, Kati Mole.

Fee $15 (AARP Members), $20 (Non-members)
Register By One Week Prior | Ages 55+
Wednesday | 8:30am-4pm
October 16 | RCAC
October 23 | PDCC

Senior Groups

<table>
<thead>
<tr>
<th>Name/Location</th>
<th>Meeting Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>Singers Glen</td>
<td>2nd Monday of Month 11:00AM</td>
</tr>
<tr>
<td>Comm. Center</td>
<td></td>
</tr>
<tr>
<td>Broadway/Timberville</td>
<td>2nd Thursday of Month 10:00AM</td>
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<tr>
<td>Plains District Comm. Center</td>
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</tr>
<tr>
<td>Grottoes Seniors</td>
<td>4th Monday of Month 10:00AM</td>
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<tr>
<td>Grottoes Town Hall</td>
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<tr>
<td>BOTIME BINGO</td>
<td>1st Monday of Month 9:00AM</td>
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<tr>
<td>Harrisonburg BOJANGLES’</td>
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</tbody>
</table>

Medicare 101

Have you found that choosing the right Medicare coverage for you can be overwhelming? Whether you have Medicare or are trying to understand the various parts, Paul Pellicane of Pell Insurance Solutions will help you with your questions. You will learn: parts of Medicare, Medicare supplements, Medicare Advantage and when to enroll. The Medicare workshop is an educational seminar and will answer your questions to help you have a better understanding. Now is the time to consider all your options and learn about the different parts of Medicare.

FREE | Register By October 4
October 10 | Thursday | 10-11am | RCAC

AARP Smart Driver

Participants will learn defensive driving techniques, new traffic laws and rules of the road to safely adjust driving to compensate for age-related changes. Persons who complete the course will be issued a Certificate of Completion to be provided to your insurance company for a discount. Please feel free to bring a brown bag lunch to class. All course materials are provided to participants and no tests are involved. Class will be led by certified AARP instructor, Kati Mole.

Fee $15 (AARP Members), $20 (Non-members)
Register By One Week Prior | Ages 55+
Wednesday | 8:30am-4pm
October 16 | RCAC
October 23 | PDCC

Matter of Balance

Adults who are concerned about falling often allow fear of falling to limit their activities, resulting in increased physical weakness, thus making the risk of falling even greater. A Matter of Balance (MOB) is designed to reduce the fear of falling and increase activity levels, primarily among adults over 60. Participants will learn to view falls as controllable, set goals for increasing activity, make changes to reduce fall risks, and participate in gentle exercise beginning in week 3 to increase strength and balance. For more information, visit https://www.vpas.info/health.

FREE (paperwork must be completed) | Register By September 12
September 17-November 5 | Tuesdays | 1:30-3:30pm
Ages 60+ | PDCC

Time for a Care Change

The question often comes up “How will I know when it is time for a change in care? Or in medication?” This session will address what a care change means and some of the various considerations when trying to make that decision and who should be involved especially when dealing with someone with a diagnosis of some form of dementia. Class is taught by certified instructor Sharon Deboever.

FREE | Register By October 3
October 10 | Thursday | 10-11am | RCAC

Senior Christmas Luncheon

Join us for lunch to celebrate the holiday season! We will have a great time eating, talking and there will be a raffle for prizes. Lunch is included. This luncheon is designated for our area senior group members.

Fee $10 | Register By November 22
December 14 | Saturday | 11am-1pm | Ages 55+ | PDCC
Adventures

Learn to Backpack

GEORGE WASH. NTL. FOREST/RCAC

Three large federal resources within 30 minutes of Harrisonburg give us abundant opportunities for multi-day backpacking (Shenandoah National Park, George Washington National Forest, Monongahela National Forest). This class will consist of 3 afternoon hikes in the National Forest, and 2 evening learning sessions covering the essentials for planning your own backpacking trip. Topics will include route planning, menu planning, equipment selection (packs, footwear, tents), stove operation and food preparation, stream crossing, food hanging, map and compass skills, and clothing selection.

Fee $90 (Includes all dates below)
Register By September 17 | Ages 16+

Class Session | Tuesday, September 24 | 7-9pm | RCAC
Hike | Sunday, September 29 | 1-6pm | GWNF
Hike | Sunday, October 6 | 1-6pm | GWNF
Class Session | Tuesday, October 8 | 7-9pm | RCAC
Hike | Sunday, October 13 | 1-6pm | GWNF

Beginner Wild Caving

BRIDGEWATER, VA

Meet up with us for a half-day introduction to wild caving. Participants will learn basic caving safety, underground navigation, and some elementary limestone geology. We will also spend some time exploring, stooping, crawling, squeezing, and getting very muddy! Meet-up will be in Bridgewater and then we will drive together out of town to the cave. Directions will be provided.

Fee $30 | Register By October 11
Sunday, October 20 | 1-5pm | Ages 8+

Rock Climbing & Rappelling

GEORGE WASH. NTL. FOREST, VA

Enjoy a day of introductory instruction and participation in technical rock climbing. Participants will learn some basic movement on rock, and will learn to tie appropriate knots, to belay, and to rappel. One needs not to be a “super-athlete,” but should be prepared for a full day of hiking and physical activity. Meet up will be either at the Hidden Rocks parking lot in the GWNF or at the Storybook Trail; driving directions will be provided.

Fee $60 | Register By September 20
Saturday, September 28 | 8:30am-5pm | Ages 10+

Connect with Us!

@rockinghamcountyrecreation
@rockingham_co_parks_and_rec
@RockinghamRec
recreation@rockinghamcountyva.gov
www.rockinghamcountyva.gov/recreation
Potomac Mills
WOODBRIDGE, VA
Potomac Mills is Virginia’s largest outlet mall and features an indoor shopping experience with over 200 stores, including Bloomingdale’s Outlet Store, Saks Fifth Avenue OFF 5th, Nordstrom Rack, the Nike Factory Store and much more. Lunch will be on your own and you can grab a bite to eat at one of the 25 eateries. Includes mini bus transportation.
Fee $20 | Register By November 27
Wednesday, December 4 | 8am-7:15pm

Tysons Corner
TYSONS, VA
Tysons Corner Center is home to over 300 specialty and department stores, celebrated restaurants, eateries and entertainment options. Enjoy a day of shopping with us! Includes mini bus transportation.
Fee $20 | Register By December 3
Tuesday, December 10 | 9am-9pm

Bright Star
FREDERICKSBURG, VA
Inspired by a real event and featuring the bluegrass-tinged Grammy-nominated Steven Martin and Edie Brickell score, Broadway’s Bright Star is a sweeping tale of love and redemption set against the rich backdrop of the American South in the 1920s and ‘40s. Propelled by an ensemble of onstage musicians and dancers, the story unfolds as a rich tapestry of deep emotion, beautiful melodies and powerfully moving performances. An uplifting theatrical journey that holds you tight in its grasp, Bright Star is as refreshingly genuine as it is daringly hopeful. Includes mini bus transportation, meal and show.
Fee $82 | Register By April 8
Wednesday, May 6 | 9am-6:30pm

Grease
FREDERICKSBURG, VA
Here is Rydell High’s senior class of 1959: duck-tailed, hot-rodning “Burger Palace Boys” and their gum-snapping, hip-shaking “Pink Ladies” in bobby sox and pedal pushers, evoking the look and sound of the 1950s in this rollicking musical. Head “greaser” Danny Zuko and new (good) girl Sandy Dumbrowski try to relive the high romance of their “Summer Nights” as the rest of the gang sings and dances its way through such songs as “Greased Lightnin’”, “It’s Raining on Prom Night” and “Alone at the Drive-In Movie.” It will recall the music of Buddy Holly, Little Richard, and Elvis Presley that became the soundtrack of a generation. Includes mini bus transportation, meal and show.
Fee $82 | Register By February 5
Wednesday, March 4 | 9am-6:30pm

Ring of Fire
WYTHEVILLE, VA
The story of the legendary “Man in Black” told through his music, taking you on a journey of passion, humor and salvation. Ring of Fire features over 30 great hit songs such as “I Walk the Line”, “Folsom Prison Blues”, “Jackson” and “Will the Circle Be Unbroken” all performed by a talented cast of singer/musicians. It will be a celebration of one of the greatest musical superstars of our time and the “world’s most famous rebel”- Johnny Cash!
Fee $75 | Register By September 27
Sunday, October 27 | 9:30am-8pm
**ZooLights**
WASHINGTON, D.C.
Join us at the National Zoo as we make ZooLights a part of our holiday festivities. You will enjoy live music performances, tasty winter treats and plenty of opportunities for holiday shopping. More than 500,000 environmentally-friendly LED lights transform the Zoo into a winter wonderland complete with a dazzling light show set to music! Includes mini bus transportation and admission.
Fee $25 | Register By December 2
Saturday, December 7 | 2:30-10:45pm

**A Wohlfahrt Haus Christmas**
WYTHEVILLE, VA
Join us as we celebrate this Christmas season with Wohlfahrt Haus' delicious holiday feast! Then sit back, relax and reminisce with some of your favorite Christmas carols, holiday music, dazzling dance numbers, and beautiful costumes! To complete the evening, be inspired by the greatest gift of all, the beautiful story of the nativity! Includes mini bus transportation, meal and show.
Fee $75 | Register By One Month Prior
Sunday, December 8 | 9:30am-8pm
Thursday, December 12 | 8:30am-7pm

**Riverside Christmas Spectacular**
FREDERICKSBURG, VA
Back by popular demand and updated for 2019! Experience the excitement, memories, and joy of Christmas as Riverside’s spectacular cast of singers and dancers present the heart and essence of the holiday season in this pageant of your favorite songs and music. Escape the hustle and stress and rekindle your Christmas spirit at Riverside Center with this glittering celebration of everything that makes this “the most wonderful time of the year”! Includes mini bus transportation, meal and show.
Fee $82 | Register By One Month Prior
9am-6:30pm
Friday, December 6
Friday, December 20

**Lewis Ginter GardenFest of Lights**
RICHMOND, VA
Come experience a holiday tradition featuring more than 500,000 twinkling lights, hand-crafted botanical decorations, model trains, fire pit with s’mores and hot chocolate (for purchase) and more. The region’s ultimate holiday extravaganza! Includes admission and mini bus transportation.
Fee $34 | Register By December 6
Sunday, December 15 | 2:45-11pm

**Craftsmen’s Christmas Classic**
RICHMOND, VA
Consistently voted the "Best Arts & Crafts Show" in Virginia, it features original designs and work from hundreds of talented artists and craftspersons from across the nation. Meet the actual artists and craftsmen as you visit them in their booths and discover what goes into the making of these one-of-a-kind treasures that are sure to please people on your gift giving list. There is something for every style, taste and budget with items from the most traditional to the most contemporary. Don’t forget to visit Christmas Tree Village to view all the different trees decorated by some of the craftsmen with their unique crafts. Includes mini bus transportation and admission.
Fee $32 | Register By October 25
Sunday, November 3 | 8:30am-6pm
Visit Virginia

Mount Vernon

MOUNT VERNON, VA
Come visit an American landmark and an enduring tribute to the Father of Our Country. On this trip you will get to experience, the Mansion, the Gardens and Grounds, the Washington’s Tomb, George Washington’s Distillery and Gristmill, and even animals of Mount Vernon. You also have the opportunity to climb aboard the Spirit of Mount Vernon for a 45-minute sightseeing tour. Learn about the river’s history and discover its importance to Washington’s business ventures. Be sure to look for the eagles and osprey that live along the shores. There will also be trick-or-treating going on. Includes admission to Mount Vernon, sightseeing cruise and mini bus transportation.
* Moderate Walking Involved*
Fee $56 | Register By October 18
Saturday, October 26 | 10am-9pm

Americana Afternoon

FLOYD, VA
Saturday lunch at the Floyd Country Store is a special event. Pick up one of their homemade soups or sandwiches, or a plate of farm-fresh salad and find a table near the stage so you can enjoy Americana Afternoons. The music is varied, but has the common thread of Americana: traditional acoustic music. Some of it is indigenous, including bluegrass, or the music of contemporary singer-songwriters: you might hear the blues, or some of the Celtic or African sounds that underpin our American folk traditions.
Fee $20 | Register By November 8
Saturday, November 16 | 9am-5:45pm

D-Day Memorial & Peaks of Otter

BEDFORD, VA
The grounds for the monument take visitors on an archival journey through World War II and the politics and perils that embody the time period. The D-Day National Memorial creates a solemn atmosphere for veterans and visitors alike to gain insight and learn more about the events that shaped our nation’s and our world’s history. After visiting the D-Day Memorial, we will travel to the Peaks of Otter Lodge for lunch on your own. Includes mini bus transportation, admission to the Memorial and guided tour.
Fee $30 | Register By November 1
Saturday, November 9 | 8am-5:30pm

Carter Mountain Orchard

CHARLOTTESVILLE, VA
Come grab some fresh air on top of Carter Mountain and get a look at Charlottesville from a different perspective! You will be given a 1/4 peck bag for fruit, a cider donut and a cup of coffee. You will also have the option to enjoy lunch at your own expense. Includes mini bus transportation and fruit picking.
Fee $30 | Register By October 10
Thursday, October 17 | 9:30am-3:30pm

Paint Bank

PAINT BANK, VA
During this trip you will enjoy a scenic drive, gourmet Southern food at The Swinging Bridge Restaurant, see buffaloes and even a stop to look at the historic Humpback Covered Bridge. You will feel like you stepped back in time! Includes mini bus transportation.
Fee $20 | Register By November 15
Saturday, November 23 | 10am-5:30pm
Visit Virginia

Tangier Island Cruise
TANGIER, VA
Cruise to Tangier Island from Reedville aboard the “Chesapeake Breeze“. Enjoy a wonderful day out on the Chesapeake Bay and on Tangier Island. Your cruise leaves from Historic Reedville, the center of the largest fishing industry in the United States. After a one and a half hour narrated cruise, the ship docks at Tangier Island where you are met by a friendly guide. During your two and a half hour visit, you may eat a family style seafood dinner at the famous Chesapeake House or one of the other restaurants on Tangier Island. Walk around this quaint island, or take a tour on your own. Either way, you will remember your trip to Tangier Island for a long time to come.
Includes mini bus transportation.
Fee $68 | Register By September 27
Sunday, October 6 | 5:30am-9pm

Udvar-Hazy Center
CHANTILLY, VA
The Udvar-Hazy Center is the companion facility to the Museum on the National Mall in DC. Its two huge hangars display thousands of aviation and space artifacts! There is also the Airbus IMAX® Theater and the Donald D. Engen Observation Tower to experience for additional charges. Includes mini bus transportation and admission.
Fee $20 | Register By November 15
Friday, November 22 | 9am-7pm

Apple Harvest Festival
SYRIA, VA
Come and see nature’s way of blanketing the mountains with stunning color during the month of October. Join us at Graves Mountain for a day filled with good food and entertainment including bluegrass music, over 70 arts and crafts vendors. Experience the days of yesteryear watching apple butter being cooked in kettles over an open fire. A variety of apples are available, along with pumpkins, gourds, apple butter and much more! Includes mini bus transportation.
Fee $20 | Register By September 27
Saturday, October 5 | 9am-3:30pm

Virginia Wine & Garlic Festival
AMHERST, VA
Virginia wines, live entertainment, arts, crafts and GARLIC! Enjoy tastings by guest wineries, multiple stages with live entertainment, over 150 unique arts, crafts and specialty foods. The Virginia Wine & Garlic Festival is Virginia’s largest agricultural festival! Includes mini bus transportation and admission with tastings.
Fee $40 | Register By October 4
Saturday, October 12 | 8:30am-5pm

Urbanna Oyster Festival
URBANNA, VA
The Town of Urbanna is a true oyster town and the best place to taste, buy and try all things oyster related. Start your day at the Scottish Factor Store and check out the history of the oyster industry in Urbanna. After your get a peek at how they’ve done it for decades, you can head down “Community Row” to the Waterfront exhibits where you can see the industry in practice today. Once you get a little hands-on experience you can head back up to the vendors and try all of the different ways to eat these delicacies!
Fee $20 | Register By October 25
Saturday, November 2 | 8am-7:30pm
Beyond Virginia

Hollywood Casino
CHARLES TOWN, WV
Come along to Hollywood Casino at Charles Town Races for world-class casino gaming, award winning dining and the thrills of live and simulcast thoroughbred horse racing. Must present a photo I.D. at casino and provide birthdate at time of registration. Friday trips will have the opportunity to watch live thoroughbred racing from 7-9:30pm. Includes mini bus transportation.
Fee $18 | Register By One Week Prior | Ages 21+
Monday, November 18 | 8:30am-6pm
Tuesday, December 3 | 8:30am-6pm
Friday, January 17 | 1:30-11:30pm
Monday, February 10 | 8:30am-6pm
Tuesday, February 25 | 8:30am-6pm

Great American Outdoor Show
HARRISBURG, PA
The Great American Outdoor Show is the largest consumer event of its kind in North America. Outdoor sports enthusiasts can view hunting and fishing products, plan outdoor sport and camping vacations. You may participate in a wide range of sport-related contests and family entertainment offerings. Includes mini bus transportation and admission.
Fee $35 | Register By January 30
Thursday, February 6 | 7am-7pm

Baltimore Inner Harbor
BALTIMORE, MD
Baltimore’s Inner Harbor is a hub of activity. In just a few city blocks, you can unearth dinosaurs at the Maryland Science Center, get a history lesson at the Reginald F. Lewis Museum of Maryland African American History & Culture, pay respects to pop culture at Geppi’s Entertainment Museum, or see exotic sea life at the National Aquarium. Other attractions include the American Visionary Art Museum, the Babe Ruth Museum and the Port Discovery Children’s Museum. Baltimore’s Inner Harbor also has loads of restaurants, pubs and shops to choose from. Includes charter bus transportation.
Fee $55 | Register By October 1
Saturday, November 2 | 8am-9:30pm

Greenbrier Bunker Tour
WHITE SULFUR SPRINGS, WV
The declassified Bunker at The Greenbrier is a must-see experience that takes you behind the scenes and walks you through a fascinating period in the resort’s history. Carved deep into the mountainside is an emergency Cold War fallout shelter. Once a top secret U.S. government relocation facility for Congress, The Bunker is now open to anyone interested in reliving a legendary piece of history. This will be a unique and in-depth look behind the hidden doors and let you explore an aspect of The Greenbrier that no other resort can claim. Includes minibus transportation and tour.
Fee $63 | Register By November 7
Thursday, November 14 | 8:45am-4pm

Department Refund Policy

CANCELLATION OF ACTIVITY BY THE DEPARTMENT-People registered for a program which is cancelled by the department shall receive a full refund or credit for a future program, whichever the registrant prefers.

PARTICIPANT CANCELLATIONS-People cancelling their registration prior to the registration deadline shall receive a full refund or credit for a future program, whichever the registrant prefers. No refunds will be given following the registration deadline.

CANCELLATION OF PARTICIPANT IN LEAGUES AND TOURNAMENTS-Entry fees for team or individual participation in leagues and tournaments are non-refundable or transferable 5 business days following the registration deadline. NOTE: a $10 cancellation fee will apply, even if the space is filled.

Please allow 2 to 4 weeks for processing and to receive refund checks. For facility rental or Afterschool/Summer Day Camp refund policies please see agreement or handbook.
Trip Refund & Overnight Deposit Policy

FOR ALL TRIP PROGRAMS—No refunds will be given, unless your space on the trip can be filled. If a waiting list exists, RCPR will contact those on the waiting list to try to fill the space(s). If no waiting list exists, it will be the responsibility of the participant to resell their space(s) on the trip. **NOTE:** a $10 cancellation fee will apply, even if the space is filled.

- Trip deposit reservations are available for overnight trips only. A minimum of a $100 deposit per person is required to reserve your space.
- Deposits are non-refundable unless trip is cancelled by Rockingham County Parks & Recreation.
- Deposit Deadline will be one month prior to trip Registration Deadline.
- Following the Deposit Deadline, remaining balance must be paid in full by the Registration Deadline.
- Any registrations made after the Deposit Deadline will be required to pay in full.
- Failure to pay remaining balance by the Registration Deadline may result in loss of space on trip.
- If a single person out of a double/triple/quad room withdraws from trip or fails to pay balance, it will be the responsibility of the remaining roommates to pay the difference on the new room rate.

Overnight Trips

*all trips are priced per person*

Christmas in NYC

NEW YORK, NY
Join us for a Holiday adventure to New York City. You can get all your last minute Holiday shopping done while also enjoying the classic Holiday decor of New York City. You will also have plenty of time to visit Times Square, Rockefeller Center, Macy’s Department Store, the Statue of Liberty and much more during your stay. Includes 3 day, 2 night hotel stay in Times Square and charter bus transportation.

Register By November 1
Sunday, December 15-Tuesday, December 17
Quad $285 | Triple $325 | Double $375 | Single $600

Whale Watching

VIRGINIA BEACH, VA
Join us for a 2 night oceanfront stay in Virginia Beach! During your stay you will be able to experience an adventurous ocean excursion searching for whales. There are also plenty of restaurants and entertainment on the boardwalk and within walking distance of the hotel. We will also make stops at the Norfolk Premium Outlets and Williamsburg Outlets. Includes 2 night stay at the Ocean Front Inn, whale watching tickets and charter bus transportation.

Register By January 10
Friday, February 21-Sunday, February 23
Quad $205 | Triple $225 | Double $250 | Single $350

Cape Cod

CAPE COD, MASSACHUSETTS
Join us as we travel to beautiful Cape Cod. During this trip you will be able to experience: the wonderful Cape Cod scenery, a tour of Outer Cape, Provincetown & Chatham, a guided Tour of Hyannis, the JFK Museum, the Eastham Windmill, Martha’s Vineyard and Plymouth Rock. Rustic New England beauty is part of the Cape Cod charm. All inns are old-fashioned, quaint, comfortable, Motel-style properties that offer the “Cape Cod experience”. Includes charter bus transportation, 5 nights lodging (including 3 Consecutive nights in a quaint, rustic Cape Cod area accommodation), 5 breakfasts and 3 dinners, tours, museum admission and gratuities. Travel insurance is available upon request.

Register By March 27
Monday, June 22-Saturday, June 27
Triple $579 | Double $599 | Single $789

Trip Refund & Overnight Deposit Policy

FOR ALL TRIP PROGRAMS—No refunds will be given, unless your space on the trip can be filled. If a waiting list exists, RCPR will contact those on the waiting list to try to fill the space(s). If no waiting list exists, it will be the responsibility of the participant to resell their space(s) on the trip. **NOTE:** a $10 cancellation fee will apply, even if the space is filled.

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40th ANNUAL
Dayton Days
AUTUMN CELEBRATION

Saturday, October 5, 2019 • 8:30 a.m. – 4:00 p.m.

DISCOVER HISTORIC Dayton
Small Town, Hometown, Downtown.

Shop & Dine

Tour the History

The Town of Dayton, Virginia

daytonva.us
RCPR is sponsoring a personalized “Letter from Santa” program. Arrangements have been made for Santa to write a letter to each child in Rockingham County whose parents complete this form. Print your information legibly, remember Santa needs all information requested in order to address each child individually!

One Form per Child (print only please)

Child’s First & Last Name: ___________________________________________ Nickname (if applicable): __________________________
Boy [ ]   Girl [ ]   Child’s Birthday: _____/_____ /_______
Mailing Address: __________________________________________________
City State Zip Code
Phone #: ___________________________ Child’s Friend Name: ____________________________ (NO PETS)
Child’s Relative Name: __________________________________________ (brother, sister, cousin, etc.)
Child’s School: ______________________ Grade: __________ Child’s Teacher: (circle) Mr./Mrs./Ms.

R.C.P.R. Santa Letter, 20 East Gay St. Harrisonburg, VA 22802
All forms must be returned to the Parks & Recreation Department by Friday, December 6, 2019 with the $1.00 fee for each letter.

Mail-In Registration Form

Please call to see if space is available. No seat assignments or guarantee of registration. (first come-first served)

*Attach additional information for each participant*

Full Name: ________________________________________________________ DOB: _____/_____ /_______
Address: ____________________________________________________________ City: ____________________________ State: ____ Zip: ___________
Phone Number: (____)______________ Email Address: _________________________________
Name & Date of Program/Trip: __________________________________________________________

Make checks payable to RCPR 20 East Gay Street, Harrisonburg, VA 22802
ECRWSS
LOCAL POSTAL PATRON

Recreation Commission
Meets at 6:30pm every 3rd Thursday at the Rockingham County Administration Center
(Does not meet in December or June)

<table>
<thead>
<tr>
<th>District</th>
<th>Commissioner</th>
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<tbody>
<tr>
<td>1</td>
<td>Richard Fulk</td>
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<tr>
<td>2</td>
<td>Wendell Eberly</td>
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<td>3</td>
<td>Glenn Wayland</td>
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<td>4</td>
<td>Donnie Fulk</td>
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<td>5</td>
<td>Doug Kisamore</td>
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</table>

Brochure Schedule
BROCHURE CYCLE
January-May
June-August
September-December

DISTRIBUTION DATES
Beginning of January
Beginning of May
Beginning of September

www.rockinghamcountyva.gov/recreation

Rockingham Park at the Crossroads
1 Rockingham Park Way, Penn Laird, VA 22846

Available for Rental
2 Baseball Fields
4 Multipurpose Fields

Additional Amenities
Playground (Open Dawn to Dusk)
Walking Trail (Coming Soon!)

To make a tax deductible donation to the park or rent baseball or multipurpose fields, please contact Marco Knorr.
540-564-3160 | mknorr@rockinghamcountyva.gov